Our Team

Our dedicated staff are experienced in creating an inclusive environment and providing supportive care for older people and individuals with disability.

Supportive Care

Our Social Support Group has a small bus with wheelchair access and a hoist.

The mini bus is driven by our staff and is available to pick you up and drop you off if required.

Those who can, are encouraged to make their own travel arrangements to and from the group.

Seymour Health is a smoke free environment.
For more information about our services visit
www.seymourhealth.org.au

Our Clients

Contact us

Location:
Seymour Health Social Support Group is located in the Community Services Building at the rear of the hospital

Telephone: 03 5793 6120

Facsimilie: 03 5792 4193

E-mail:
Nicole.Morgan@seymourhealth.org.au

Website: www.seymourhealth.org.au

Seymour Health acknowledges the Taungurung People as the Traditional Owners of the land on which we work and pays respect to Elders past, present and emerging. We commit to engage with all cultures and forms of diversity within our community to provide excellence in care and a safe, welcoming and inclusive health service.

Revised January 2021

Consumer feedback completed May 2019

SOCIAL SUPPORT GROUP

Encouraging people to remain in the community by providing accessible, meaningful & enjoyable activities

ABOUT SOCIAL SUPPORT GROUPS

Social Support Groups provide a friendly relaxed and informal place to help older people and younger people with a disability, to engage in social interaction, to share a meal, catch up with friends or make new ones, and enjoy a socially inclusive group on a weekly basis.

Social Support Groups are funded by the Commonwealth Home Support Program at the subsidised rate.

We model our care on the principle of wellness and reablement.

Community Reference Committee (CRC) approved

WHY JOIN A SOCIAL SUPPORT GROUP?

There are many advantages

The benefits of joining our Social Support Group include:

- Affordable social activities
- Social interaction and inclusion
- Monthly day trips
- Being part of the community
- Enjoying conversation with people who share common interests and ideas
- A person centered approach to identify and maintain skills needed for independent living
- Keeping the mind and body active

Pictured above: Social Support Groups can create and encourage friendships

Who is eligible to join a Social Support Group?

Anyone over 65 years of age and older (50 years and older for people who identify as Aboriginal or Torres Strait Islander Australians) are eligible.

Social Support Groups are also funded by the State Government Home and Community Care Program for Younger People (PYP) and National Disability Insurance Scheme (NDIS). This group is for those people who are under the age of 65 or identify as Aboriginal or Torres Strait Islander Australians under 50.
Our Social Support Group also provides respite and support for carers and those families of older people, and people with disability.